Swami Vivekanand Shikshan Prasarak Mandal's

Swami Vivekanand College of Nursing, Udgir

Report On

"World Mental Health Day"

Report on the celebration of "World Mental Health Day"

With the concept of raising awareness for the psychiatric patients and their relatives in an empathetic way, Department of Mental Health Nursing and NSS unit has organized an awareness programme on World Mental Health Day on 10th October in the Psychiatric ward, Swami Vivekanand College of Nursing, Udgir The theme of World Mental Health Day was "Focusing on Suicide prevention".

The Program started at 11 am with the prayer song by B.Sc. 3rd Year Student and then HOD, Department of Psychiatry, gave brief information about the awareness programme. Explained meaning of suicide and mentioned about types of Suicide. Dr. Sudhir Jagtap President of Swami Vivekanand Shikshan Prasark Mandal. He is gave information about daily Psychological routine, like meditation and B positive things, this things are helpful For Suicide Prevention. All HOD departments also speak about Mental Health Day. Finally, vote of thanks was delivered by Ms. Pravina B. Asst. Professor and the programme ended with vote of thanks.
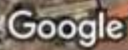
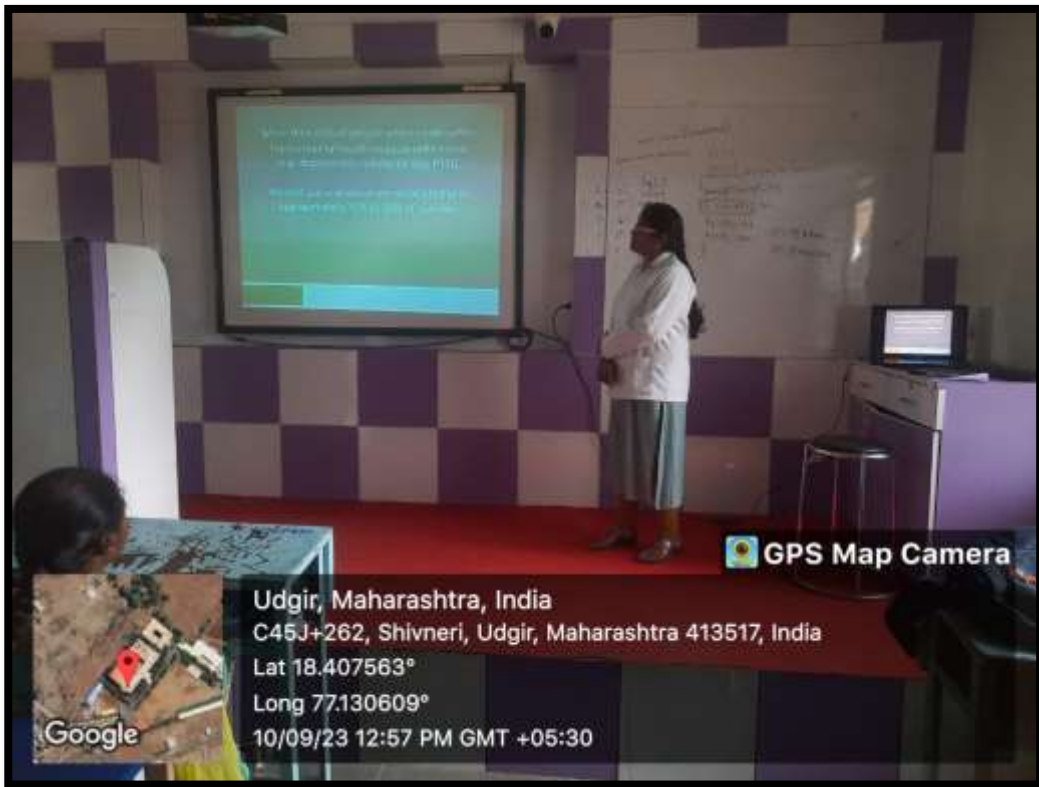| Year	Title of the Programme	Name of the Guest	Date
2018-19	World Mental Health Day	Dr. Gopal Pawar Principal, Swami Vivekanad Education College, Udgir	10/09/2019
2019-20	World Mental Health Day	Dr. Sudhir Jagtap Principal, Swami Vivekanand Mahavidyalaya, Udgir	10/09/2020
2020-21	World Mental Health Day	Mr. Sachin Pandit (STS, General Hospital, Udgir)	10/09/2021
2021-22	World Mental Health Day	Mrs. Kranti Biradar (Nursing Officer, Genral Hospital, Udgir)	10/09/2022
2022-23	World Mental Health Day	Dr. Dattatrya Vinayakrao Patil Principal & MS Dhanwantari Ayurved Medical College, Udgir	10/09/2023

Photos:

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Principal
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Of Nursing. Udgir Dist.Latur