

COMMUNITY HEALTH NURSING – II

Time : Theory – 90 hours
Practical – 135 hours

Course description:

This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural setting by using concept and principles of health and community health nursing

Specific objectives: At the end of the course student will be able to:

1. Understand the concepts, scope, principles and historical development of community health and community health nursing.
2. Appreciate the national health planning, policies, problems.
3. Describe the system of delivery of community health services in rural and urban area.
4. Develop understanding about community health nursing approaches, concepts and roles and responsibilities of nursing personnel.
5. Participate in assisting individuals and groups to promote and maintain their health.
6. Appreciate the national health and family welfare programme and the role of the nurse.
7. Understand the health agencies at the international and national level.

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
I	4	<ul style="list-style-type: none"> • Define Concepts, scope, Principles and historical development of Community Health and Community health Nursing 	Introduction <ul style="list-style-type: none"> • Definition, concept & scope of community health nursing • Historical development of <ul style="list-style-type: none"> □ Community Health □ Community Health Nursing - Pre- Independence - Post – Independence Client's rights-CPA Professional responsibility in community health care Ethical principles Application of ethics in Community health practice Govt. & legal influence on community health nursing practice Law in community health nursing	<ul style="list-style-type: none"> • Lecture discussion 	<ul style="list-style-type: none"> • Essay Type • Short answers

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
II	6	<ul style="list-style-type: none"> Describe health plans, polices, various health committees and health problems in India 	<p>Health Planning and Polices and Problems</p> <ul style="list-style-type: none"> National health planning in India Five year Plan's Various committees and commissions on health and family welfare <ul style="list-style-type: none"> Central council for health and family welfare (CCH and FW) National Health polices (1983, 2002) National population policy Rural health mission Health problems in India 	<ul style="list-style-type: none"> Lecture discussion Panel discussion 	<ul style="list-style-type: none"> Essay type Short answers
III	15	<ul style="list-style-type: none"> Describe the system of delivery of community health services in rural and urban areas List the functions of various levels and their staffing pattern Explain the components of health services Describe alternative systems of health promotion and health maintenance Describe the chain of referral system 	<p>Delivery of community health services</p> <ul style="list-style-type: none"> Planning, budgeting and material management of SCs, PHC and CHC Rural: Organization, staffing and functions of rural health services provided by government at: <ul style="list-style-type: none"> Village Sub centre Primary health center Community health center/ sub divisional Hospitals District State Center Urban: Organization, staffing and functions of urban health services provided by government at: <ul style="list-style-type: none"> Slums Dispensaries Material and child health centers Special Clinics Hospitals Corporation/ Municipality/ Board 	<ul style="list-style-type: none"> Lecture discussion Visits to various health delivery systems Supervised field practice Panel discussion 	<ul style="list-style-type: none"> Essay type Short answers

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Components of health services <ul style="list-style-type: none"> □ Environmental sanitation □ Health education □ Vital statistics □ M.C.H. antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act □ Family welfare □ National health programmes □ School health services □ Occupational health □ Defense service □ Institutional services • Systems of medicine and health care <ul style="list-style-type: none"> □ Allopathy □ Indian system of medicine and Homeopathy □ Alternative health care systems like yoga, meditation, social and spiritual healing etc. • Referral system 		
IV	25	<ul style="list-style-type: none"> • Describe Community Health Nursing approaches and concepts • Describe the roles and responsibility of Community health nursing personnel 	<p>Community health nursing approaches, concepts and roles and responsibilities of nursing personnel</p> <ul style="list-style-type: none"> • Approaches <ul style="list-style-type: none"> □ Nursing theories and nursing process □ Epidemiological approach □ Problem solving approach □ Evidence based approach empowering people to care for themselves • Concepts of primary Health Care: <ul style="list-style-type: none"> □ Equitable distribution □ Community participation □ Focus on prevention □ Use of appropriate technology □ Multi sectoral approach 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised field practice • Participation in camps • Group project 	<ul style="list-style-type: none"> • Essay type • Short answers

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Roles and responsibilities of Community health nursing personnel in <ul style="list-style-type: none"> □ Family health services □ Information Education Communication (IEC) □ Management information System (MIS): maintenance of Records & Reports □ Training and supervision of various categories of health workers □ National Health Programmes □ Environmental sanitation □ Maternal and child health and family welfare □ Treatment of minor ailments □ School health services □ Occupational health □ Organization of clinics, camps: types, preparation, planning, conduct and evaluation □ Waste management in the center, clinics etc. • Home visit: Concept, Principles, Process, techniques: Bag Technique home visit • Qualities of Community Health Nurse • Job description of Community health nursing personnel 		
V	15	<ul style="list-style-type: none"> • Describe and appreciate the activities of Community health nurse in assisting individuals and groups to promote and maintain their health 	<p>Assisting individuals and groups to promote and maintain their health</p> <ul style="list-style-type: none"> • Empowerment for self care of individuals, families and groups in – A. Assessment of Self and family <ul style="list-style-type: none"> □ Monitoring growth and development - Mile stones - Weight measurement - Social development 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised field practice 	<ul style="list-style-type: none"> • Essay type • Short answers

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> ❑ Temperature and Blood pressure monitoring ❑ Menstrual cycle ❑ Breast, self examination and testicles ❑ Warning signs of various diseases ❑ Tests: Urine for sugar and albumin, blood sugar B. Seek health services for <ul style="list-style-type: none"> ❑ Routine checkup ❑ Immunization ❑ Counseling diagnosis ❑ Treatment ❑ Follow up C. Maintenance of health records for self and family D. Continue medical care and follow up in community for various diseases and disabilities E. Carryout therapeutic procedures as prescribed/ required for self and family F. Waste Management <ul style="list-style-type: none"> ❑ Collection and disposable of waste at home and community G. Sensitize and handle social issues affecting health and development for self and family <ul style="list-style-type: none"> • Women Empowerment • Women and child abuse • Abuse of elders • Female feticide • Commercial sex workers • Food adulteration • Substance abuse H. Utilize community resources for self and family <ul style="list-style-type: none"> ❑ Trauma services ❑ Old age homes ❑ Orphanage ❑ Homes for physically and mentally challenged individuals ❑ Homes for destitute 	<ul style="list-style-type: none"> • Individual group/ family/ community health education 	

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
VI	20	<ul style="list-style-type: none"> • Describe national health and family welfare programmes and role of a nurse • Describe the various health schemes in India 	<p>National health and family welfare programmes and the role of a nurse</p> <ol style="list-style-type: none"> 1. National API programme 2. Revised National tuberculosis control programme (RNTCP) 3. National Anti- Malaria programme 4. National Filaria control programme 5. National Guinea worm eradication programme 6. National Leprosy eradication programme 7. National AIDS control programme 8. STD control programme 9. National Programme for Control of blindness 10. Iodine deficiency disorder programme 11. Expanded programme on immunization 12. National Family welfare Programme – RCH programme historical development, organization, administration, research, constraints 13. National water supply and sanitation programme 14. Minimum Need programme 15. National diabetics control programme 16. Polio eradication: pulse polio programme 17. National cancer control programme 18. Yaws eradication programme 19. National Nutritional Anemia Prophylaxis programme 20. 20 point programme 21. ICDS programme 22. Mid day meal applied nutritional programme 23. National mental health programme <ul style="list-style-type: none"> • Health Schemes - ESI -CGHS -Health insurance 	<ul style="list-style-type: none"> • Lecture discussion • Participation in national health programmes • Field visits 	<ul style="list-style-type: none"> • Essay type • Short answers

Unit	Time (hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment Methods
VII	5	<ul style="list-style-type: none"> Explain the roles and functions of various national and international health agencies 	Health Agencies International – WHO, UNFPA, UNDP, World Bank, FAO, UNICERF, DANIDA, European, Commission (EC), Red Cross, USAID, UNESCO, Colombo plan, ILO, CARE etc. National – Indian Red Cross, Indian Council for child welfare, Family planning Association of India etc.	<ul style="list-style-type: none"> Lecture discussion Field visits 	<ul style="list-style-type: none"> Essay type Short answers

Student References (Bibliography)

- Jayawanti, TNAI Nursing Manual, TNAI publication
- K.Park, 'Text Book Of Preventive & Social Medicine'
- K.Park, Essentials Of Community Health Nursing,
- Rao Kasturi, 'An Introduction To Community Health Nursing', I publications.
- Freeman Ruth, 'Community Health Nursing Practice'
- Stanthope Lancaster, 'Community Health Nursing Process & Practice', Popular publication.
- Basvantappa B.T, 'Community Health Nursing'
- Anderson, 'Community as Partner, Theory & Practice'.
- Allender, 'Community Health Nursing' B.I. Publications
- Harpson, 'Hand Book of Community Health Nursing'
- Shastr, 'Preventive & Social Medicine', National Publications
- Sathe, 'Epidemiology & management of Health Care', Popular Publications
- Vasundhara & Basvantappa, 'Community Health Nursing', Jaypee Publication
- Mc. Evens M. 'Community based Nursing', Sanmdess publication
- Kulkarni & Baride, 'Text Book of Community medicine', Vora Publications.
- Cookfair Joan, 'Nursing Care in Community', Moby Publications
- Maxey Public, 'Health & Preventive Medicine', Applin Colage Publications
- Lippincotts, 'Community Health Nursing', Lrppincotts Publications
- K.Park, 'Text Book of Preventive & Social Medicine'
- Saunder, 'Essentials of Community based Nursing', Jones & Balet Publications
- Mahajan Gupta, 'Textbook of Preventive & Social Medicine', Jaypee Publications
- Walton, 'Community Concepts & Practice', Scuzt Foresmen Publications
- Ghai Gupta, 'Essential Preventive Medicine', Vikas Publications
- Babu Sheshu, 'Review in Community Medicine', Paras Publication
- Lancaster, 'Community Health Nursing Process and Practice for Promoting Health', Morby Publications
- Bhalerao, 'Synopsis in Preventive & Social Medicine', National Publications
- Fromer Margareg, 'Community Health care & the Nursing Process', CV Mosby & Company Publications
- Clarke, 'Preventive & Community Medicine', Boston Little Brown Company.

COMMUNITY HEALTH NURSING – II – PRACTICAL

Placement: Fourth Year

Time: Practical – 135 hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
Community health nursing	1 wk for urban 4 wk for rural	<ul style="list-style-type: none"> • Identify community profile • Identify prevalent communicable and non-communicable diseases • Diagnose health needs of Individual, families and community • Plan, provide and evaluate care • Participate in school health programme • Participate in national health programmes • Organize group for self help and involve clients in their own health activities • Provide family welfare services • Counsel and educate individual, family and community • Collect vital health statistics • Maintain records & reports 	<ul style="list-style-type: none"> • Community health survey • Community diagnosis • Family care: Home adaptation of common procedures • Home visit: Bag technique • Organize and conduct clinics antenatal, postnatal, well baby clinic, camps etc. • Screen manage and referrals for: <ul style="list-style-type: none"> □ High risk mothers and neonates □ Accidents and emergencies □ Illness: Physical and mental □ Disabilities • Conduct delivery at center/home: episiotomy and suturing • Resuscitate newborn • School Health programme <ul style="list-style-type: none"> □ Screen, Manage refer children • Collaborate with health and allied agencies • Train and supervise health workers • Provide family welfare services: insertion of IUD 	<ul style="list-style-type: none"> • Community survey report • Family care study-1 • Project –1 • Health talk • Case book recording 	<ul style="list-style-type: none"> • Assess clinical performance with rating scale • Evaluation of community survey report family care study, project and health talk • Completion of activity record

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
			<ul style="list-style-type: none"> • Counsel and teach individual, family and community about: HIV, TB, Diabetes, Hypertension, Mental Health, Adolescents, elderly's health, physically and mentally challenged individuals etc. • Collect and calculate vital health statistics • Document and maintain <ul style="list-style-type: none"> □ Individual, family and administrative records □ Write reports center, disease, and national health programme/ projects. 		

Evaluation

Internal assessment

Theory

Midterm –	50 Marks
Prefinals –	75 Marks

Maximum marks 25

TOTAL – 125 Marks
Convert to 15

Assignment

Seminar – 50 Marks

Convert to 10 Marks

Practical

Maximum marks 50

Family Care Study –	50 Marks
Health Talk –	100 Marks
Procedure evaluation –	50 Marks
Family Folders (5x10) –	50 Marks
Clinical evaluation –	200 Marks

Practical examination

Midterm –	50 Marks
Prefinal –	50 Marks

TOTAL – 550 Marks

External assessment

University examination

Theory	Marks 75
Practical	Marks 50

Below mentioned assignment have to be completed during clinical posting, however they are not for evaluation.

Group project 01 (Exhibition/ Street Play/ Puppet Show)

Survey report – 01

Daily diary –

FAMILY CARE STUDY (FORMAT)

I Initial Data

1. Name of head of family
2. Address
3. Date of visit commenced
4. Date of visit conducted

II Bio data

Name of Family Members	Relation With Head of Family	Socio Economic Health								
		Age	Sex	Edn	Occupation	Income	Marital Status	Health Status	Nutritional Status	FP

Immunization										Remark
BCG	DPT			Polio			Measles	Booster	Any Other	
	1	2	3	1	2	3				

III Resources

A. Community Resource used by family members

- a. Regular
- b. In emergencies

B. Financial

- a. Monthly family income
- b. Possessions
- c. Cattle & pets
- d. Numbers of dependents
- e. Monthly pattern of family expenditure
 - i. Food
 - ii. Education
 - iii. Medical
 - iv. Electricity bill
 - v. Clothing & entertainment

IV Environment

A. Community

- Socio economic Status
- Cleanliness
- Water Facility
- Toilet
- Location of Slum area

B. Family

- Environmental hygiene
- Toilets
- Sewage Sullage
- Water disposal

C. Physical Environment

1. Housing location
2. Type of floor
3. Lighting
4. Ventillation
5. Water supply
6. Attitude towards drinking
7. Waste disposal
 - Garbage
 - Latrines
 - Liquid Waste
 - Mosquitoes & fly breeds

V Social Environment

1. Type of community
2. Socio economic background
3. Relationship among family members
4. Relationship with neighbors
5. Relationship with others
6. Common Health Habits
 - a. In community
 - b. In family
7. Family concept about health
8. family concept about disease
 - a. In community
 - b. In Family
9. Festival celebration
 - a. In community
 - b. In family
10. Number of working mothers
 - a. In community
 - b. In family
11. Care during pregnancy
 - a. In community
 - b. In family
12. Care of infant
 - a. In community
 - b. In family
13. Concept about education
 - a. In community
 - b. In family
14. Concept about girls education
 - a. In community
 - b. In family
15. Knowledge & attitudes of people towards health
 - a. In community
 - b. In family

VI Family Health

1. Health of family – past & present
2. Gynaec & Obst. history of female adults

VII. Nutrition

VIII. Family life style

- a. Basic life style of family
- b. Family decision-making pattern
- c. Family relationship & communication
- d. Family response in crisis situation
- e. Family attitude towards health

Nursing Care Plan

Summary:

Conclusion :

FAMILY CARE STUDY (EVALUATION CRITERIA)
50 MARKS

Sr. No.	Particular	TOTAL MARKS	MARKS OBTAINED	TOTAL
I	Personal and professional qualities			
	1. Grooming	1		
	2. Mannerisms	1		
	3. Language	1		
	4. Voice	1		
	5. Confident	1		
II	Identification of family			
	1. Type of family	1		
	2. Initial data	1		
	3. Basic information	1		
	4. Resources used	1		
	5. Environment	6		
III	FAMILY HEALTH			
	1. Health of each member	2		
	2. Gynae & Obstetric health	2		
	3. Nutritional data	2		
	4. Rest & sleep	2		
	5. Use of health resources	2		
	6. Family planning status	2		
	7. Health practices for each member	2		
	8. Family life style	2		
IV	NURSING CARE			
	1. Identification of needs & problems	2		
	2. Aims & Objectives	2		
	3. Nursing interventions	8		
	4. Evaluation of care given	4		
	5. Self assessment	3		

COMMUNITY HEALTH NURSING
HEALTH TALK FORMAT

Name of the student:

Topic:

Group to be taught:

aids:

Area:

Date & Time:

Method of teaching:

Language:

Aim:

Specific objectives:

Introduction:

Sr. No.	Time	Specific objectives	Subject matter	T/L activity	A.V aids	Evaluation
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Summary

Bibliography

EVALUATION FORMAT FOR HEALTH TALK

NAME OF THE STUDENT: -----

AREA OF EXPERIENCE: _____

PERIOD OF EXPERIENCE: _____

SUPERVISOR: _____

Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5
1	<p>I) Planning and organization</p> <p>a) Formulation of attainable objectives</p> <p>b) Adequacy of content</p> <p>c) Organization of subject matter</p> <p>d) Current knowledge related to subject Matter</p> <p>e) Suitable A.V.Aids</p> <p>II) Presentation:</p> <p>a) Interesting</p> <p>b) Clear Audible</p> <p>c) Adequate explanation</p> <p>d) Effective use of A.V. Aids</p> <p>e) Group Involvement</p> <p>f) Time Limit</p> <p>III) Personal qualities:</p> <p>a) Self confidence</p> <p>b) Personal appearance</p> <p>c) Language</p> <p>d) Mannerism</p> <p>e) Self awareness of strong & weak points</p> <p>IV) Feed back:</p> <p>a) Recapitulation</p> <p>b) Effectiveness</p> <p>c) Group response</p> <p>V) Submits assignment on time</p>					

Signature of the student

Signature of the teacher

EVALUATION CRITERIA FOR PROCEDURE EVALUATION USING BAG TECHNIQUE

NAME OF THE STUDENT: -----

AREA OF EXPERIENCE: _____

PERIOD OF EXPERIENCE: _____

SUPERVISOR: _____

Total – 50

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5
1)	Approach to the family					
2)	Selection of procedures based on family needs					
3)	Preparation of the bag for the procedure					
4)	Caring out all the steps of procedure correctly					
5)	Scientific principles followed while doing procedure					
6)	Involvement of family while doing procedure					
7)	Post care of bag and equipment					
8)	Health education while during and the procedure					
9)	Disposal of waste					
10)	Recording and reporting					

FAMILY FOLDER FORMAT

Learners Name :

Family Name :

Address :

Date Of Service

Directions :

BASIC INFORMATION

Name	Age	Sex	Position in Family	Occupation Income	Education	Language Spoken	Nutritional Status	Health Status	Health Problems

2. RESOURCES (COMMUNITY RESOURCES IN EMERGENCY)

Resources Provided	Location	Member Using	Reason	Frequency

3. PHYSICAL & SOCIAL ENVIRONMENT

- a) Community
- b) Family

4. FAMILY HEALTH

Name	Age	Height	Weight	Immunizations	Habits/ Addictions	Developmental Stage	Summary of Health History	Current Status including Medications

5. Family Health Practice

- a. Nutritional status – diet, meal pattern, shopping habits, knowledge of good nutrition.
- b. Recreation & exercise
- c. Sleeping pattern.
- d. Family use of health resource, person responsible for health care decision-making
- e. Any other attitudes, which significantly relate to health status.
- f. Family strengths & limitations related to their health practice

6. Family life style

- a. Basic life style
- b. Inter family relationship & communication pattern
- c. Family decision-making
- d. Family response in crisis
- e. Dominant values of family
- f. Family attitude towards health care & health care providers

7. Nursing Care Plan

8. Student remarks

- a. How did family perceive overall expenses of your visit (give supportive data)
- b. Discuss achievement of goals & nursing interventions
- c. In what aspect of nursing practice did your experience most growth & in what area would you like to improve?

FAMILY FOLDERS

10 marks

Sr. No.	Particular	1	2	3	4	5	Score
I	Subject Matter						
II	Nursing Care Plan						

CLINICAL EVALUATION

Name of the student _____

Area of experience _____

Period of experience _____

Supervisor _____

Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5
I	Personal and Professional Qualities :					
	a) Leadership					
	b) Punctuality					
	c) Grooming					
	d) Relationship with others					
	e) Attitude Towards suggestions					
II	Assessment In Home and Clinic:					
	a) History taking					
	b) Physical assessment					
	c) Assisting & guiding for investigation					
	d) Home / clinic observation of signs & symptoms					
	e) Identification of needs & problems					
III	Planning					
	a) Selection of priority needs / problems					
	b) Setting objectives					
	c) Planning appropriate interventions					
	d) Resource allocation					
IV	Implementation :					
	a) Approach to family & manner of greeting					
	b) Explaining the purpose of visit to family					
	c) Providing home care					
	d) Doing simple procedure at home/Clinic					
	e) Assisting in clinical services					
	f) Giving health education in home clinic					
	g) Recording and reporting					
V	Evaluation :					
	a) Health teaching					
	b) Family care					
	c) Self assessment					
	d) Submitting assignment on time					

Remarks:

Signature of student

Signature of the teacher

COMMUNITY SURVEY REPORT FORMAT

INTRODUCTION

Objectives:

- ‡ To assess the area & identify health problems of people
- ‡ To understand the socioeconomic status of the community
- ‡ To identify the sources of health services available in community
- ‡ To identify various health practices prevailing in the community

Community as a place – boundaries, environment, housing

Community as a social system –recreational facilities, transportation, stores & shops, official health agencies, communication media, education, socioeconomic status, occupational status, social activities related to health.

Health problems and needs in the area

Conclusion

SURVEY REPORT

Sr. No.	Particular
1	Introduction
2	Community as a place <ul style="list-style-type: none">• Boundary• Environment• Housing
3	Social system <ul style="list-style-type: none">• Recreational facilities• Transportation• Stores & Shops• Official health Agencies• Communication media• Education• Socioeconomic status• Occupational Status
4	• Social activities related to health Planning and organization <ul style="list-style-type: none">• Formulation of objectives• Selection of method of presentation• Adequacy of content• Organisation of Subject matter
5	• Presentation
6	Individual participation Submission on time

DAILY DAIRY

NAME OF THE STUDENT: -----
AREA OF EXPERIENCE: _____
PERIOD OF EXPERIENCE: _____
SUPERVISOR: _____

Sr. No.	Particular
1	Activities planned
2	Activities done

ASSIGNMENT FORMAT FOR GROUP SEMINAR

1. Introduction to the topic
2. Concept, Definition
3. History
4. Subject matter
5. Application in nursing field
6. Summary
7. Conclusion
8. References

VISITS SUGGESTED

I Community Resources For Self & Family

1. Trauma center
2. Old Age Home
3. Orphanage
4. Home for physically & mentally challenged individuals
5. Home for Destitutes

II Social Nurse affecting health

1. Mahila Mandal
2. Food & Adulteration Lab
3. Community Kitchen
4. NARI

III. Others

1. Family Welfare Bureau
2. Industrial Visit
3. IEC Bureau
4. B.D.O.
5. Gram Panchayat
6. Zilla Parishad
7. Panchayat Samiti
8. PHC
9. Sub Center
10. Rural Hospital
11. Community Health Center
12. Anganwadi

Above visits should be completed in related subject during 4 years

**COMMUNITY HEALTH NURSING PRACTICAL
EXAMINATION PRACTICAL / ORAL
MARK LIST**

NAME OF THE EXAMINATION : COMMUNITY HEALTH NURSING

PRACTICALS MONTH : YEAR :

FOURTH YEAR Basic B. Sc NURSING : MARKS :

50 SUBJECT : COMMUNITY HEALTH NURSING

CENTRE :

Roll No	Internal Examiner		External Examiner		Total	Total
	Procedure	Viva voce	Nursing process	Viva voce		
	15	10	15	10	50	25

Signature of the Internal Examiner

Signature of the External

Examiner Date :

Date :

MANAGEMENT OF NURSING SERVICE & EDUCATION

Total hours: Theory: 90 Hrs
(Class 60 + Lab 30 hrs)

Course Description:

This course is designed to enable students to acquire in-depth understanding of management of hospital services, management of nursing services and nursing educational programmes. This is also designed to enable students to acquire understanding of the professional responsibilities, prospects and contribution to the growth of the Nursing profession.

Specific objectives: At the end of the course student will be able to

1. Understand the principles and functions of management
2. Understand the elements and process of management
3. Appreciate the management of nursing services in the hospital and community.
4. Apply the concepts, theories and techniques of organizational behaviour and human relations.
5. Develop skills in planning and organizing in service education
6. Understand the management of nursing educational institutions.
7. Describe the ethical and legal responsibilities of a professional nurse
8. Understand the various opportunities for professional advancement.

Unit	Time (Hrs)		Objectives	Content	Teaching Learning activities	Assessment methods
	Th.	Pr.				
I	(4)		<ul style="list-style-type: none"> • Explain the principles and functions of management 	Introduction to Management in Nursing <ul style="list-style-type: none"> • History, Definition, concepts and theories • Functions of management • Principles of management • Role of nurse as a manager and her qualities 	<ul style="list-style-type: none"> • Lecture • Discussion • Explain using organization chart 	<ul style="list-style-type: none"> • Short answers
II	(6)		Describe elements and process of management	Management Process <ul style="list-style-type: none"> • Planning, mission, philosophy, objectives, operational plan • Staffing: Philosophy, staffing study, norms, activities, patient classification system, scheduling • Human resource management, recruiting, selecting, deployment, retaining, promoting, superannuation. • Budgeting: Concept, principles, types, cost benefit analysis audit • Material management: equipment and supplies • Directing process (Leading) • Controlling: Quality management • Program Evaluation Review Technique (PERT), Bench marking, Activity Plan (Gantt Chart) 	<ul style="list-style-type: none"> • Lecture • Discussion • Simulated Exercises • Case studies 	<ul style="list-style-type: none"> • Essay type • Short answers

Unit	Time (Hrs)		Objectives	Content	Teaching Learning activities	Assessment methods
	Th.	Pr.				
III	(8)	5	To understand the modern concepts, components and changing trends in hospital organization	Hospital Organization <ul style="list-style-type: none"> • Definition, types and functions of hospital • Governing body- Hospital administration • Control & line of authority • Hospital statistics including hospital utilization indices • Role of hospital in comprehensive health care • Development of new management practices: Marketing of Hospitals, Specialty Hospitals 	<ul style="list-style-type: none"> • Lecture • Discussion • Preparation of organization chart of hospital 	<ul style="list-style-type: none"> • Essay type • Short answers • MCQ
IV	(8)	20	Describe the management of nursing services in the hospital and community	Management of nursing services in the hospital <ul style="list-style-type: none"> • Planning <ul style="list-style-type: none"> ➤ Hospital & patient care units including ward management ➤ Emergency and disaster management • Human resource management <ul style="list-style-type: none"> ➤ Recruiting, selecting, deployment, retaining, promoting, superannuation ➤ Categories of nursing personnel including job description of all levels ➤ Patients/ population classification system ➤ Patients/ population assignment and nursing care responsibilities ➤ Staff development and welfare programmes • Budgeting: Proposal, projecting requirements for staff, equipments and supplies for <ul style="list-style-type: none"> ➤ Hospital and patient care units ➤ Emergency and disaster management • Material management: Procurement, inventory control, auditing and maintenance in <ul style="list-style-type: none"> ➤ Hospital and patient care units ➤ Emergency and disaster management 	<ul style="list-style-type: none"> • Lecture • Discussion • Demonstration • Case studies • Supervised practice in ward-writing indents, preparing rotation plan and duty roster, ward supervision • Assignment on duties and responsibilities of ward sister • Writing report • Preparing diet sheets 	<ul style="list-style-type: none"> • Essay type • Short answers • Assessment of problem solving exercises • Assessment of the assignments • Performance evaluation by ward sister with rating scale

Unit	Time (Hrs)		Objectives	Content	Teaching Learning activities	Assessment methods
	Th.	Pr.				
	2			<ul style="list-style-type: none"> • Directing & Leading: delegation, participatory management <ul style="list-style-type: none"> ➤ Assignments, rotations, delegations ➤ Supervision & guidance ➤ Implement standards, policies, procedures and practices ➤ Staff development & welfare ➤ Maintenance of discipline • Controlling/ Evaluation <ul style="list-style-type: none"> ➤ Nursing rounds/ visits, Nursing protocols, Manuals ➤ Quality assurance model, documentation ➤ Records and reports • Performance appraisal 		
V	(5)		<ul style="list-style-type: none"> • Describe the concepts, theories and techniques of • Organizational behavior and human relations 	Organizational behavior and human relations <ul style="list-style-type: none"> • Concepts and theories of organizational behaviors • Review of channels of communication • Leadership styles, Power, types • Review of motivation: concepts and theories • Group dynamics • Techniques of: <ul style="list-style-type: none"> ➤ Communication and ➤ Interpersonal relationships ➤ Human relations • Public relations in context of nursing • Relations with professional associations and employee union • Collective bargaining 	<ul style="list-style-type: none"> • Lecture Discussion • Role plays • Group games • Self assessment • Case discussion • Practice session 	<ul style="list-style-type: none"> • Essay type • Short answers • Assessment of problem solving
VI	(5)	5	Participate in planning and organizing in-service education program	In-service education <ul style="list-style-type: none"> • Nature & scope of in-service education program • Organization of in-service education • Principles of adult learning • Planning for in-service education program, techniques, methods, and evaluation of staff education program • Preparation of report 	<ul style="list-style-type: none"> • Lecture Discussion • Plan and conduct an educational session for in-service nursing personnel 	<ul style="list-style-type: none"> • Essay type • Short answers • Assess the planning and conduct of educational session

VII	(10) 1	Describe management of Nursing educational institutions	Management of Nursing educational institutions <ul style="list-style-type: none"> Establishment of nursing educational institution – INC norms and guidelines 	<ul style="list-style-type: none"> Lecture Discussion Role plays Counseling session 	<ul style="list-style-type: none"> Essay type Short answers
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Unit	Time (Hrs)		Objectives	Content	Teaching Learning activities	Assessment methods
	Th.	Pr.				
	1			<ul style="list-style-type: none"> Co-ordination with <ul style="list-style-type: none"> Regulatory bodies Accreditation Affiliation – Philosophy/ Objectives, Organization Structure Committees Physical facilities College / School Hostel – Students Selection Admission procedures Guidance and counseling Maintaining discipline- Faculty and staff Selection Recruitment Job description Placement Performance appraisal Development and welfare Budgeting Equipments and supplies: audio visual equipments, laboratory equipments, books, journals etc. Curriculum: Planning, Implementation and Evaluation Clinical facilities Transport facilities Institutional Records, and reports – Administrative, Faculty, Staff and Students. 	<ul style="list-style-type: none"> Group exercises 	
	1					
	1					
	1					
	3					
	1					
	1					
VIII	(10) 4		1) Describe the ethical and legal responsibilities of a professional nurse 2) Explain the Nursing practice standards	Nursing as a Profession <ul style="list-style-type: none"> Nursing as a Profession <ul style="list-style-type: none"> Philosophy; nursing practice Aims and Objectives Characteristics of a professional nurse Regulatory bodies; INC, SNC Acts:- Constitution, functions Current trends and issues in Nursing Professional ethics <ul style="list-style-type: none"> Code of ethics; INC, ICN Code of professional conduct; INC, ICN. 	<ul style="list-style-type: none"> Lecture Discussion Case discussion Panel discussion Role plays Critical incidents Visit to INC/ SNRCs 	<input type="checkbox"/> Short answers <input type="checkbox"/> Assessment of critical incidents
	1					

Unit	Time (Hrs)		Objectives	Content	Teaching Learning activities	Assessment methods
	Th.	Pr.				
	2 1 2			<ul style="list-style-type: none"> • Practice standards for nursing; INC • Consumer Protection Act • Legal aspects in Nursing <ul style="list-style-type: none"> ➤ Legal terms related to practice; Registration and licensing ➤ Legal terms related to Nursing practice; Breach and penalties ➤ Malpractice and Negligence 		
IX	(4) 1 1 1 1		Explain various opportunities for professional advancement	Professional Advancement <ul style="list-style-type: none"> • Continuing education • Career opportunities • Collective bargaining • Membership with Professional Organizations; National and International • Participation in research activities • Publications; Journals, Newspaper etc. 	<ul style="list-style-type: none"> • Lecture Discussion • Review/ Presentation of published articles • Group work on maintenance of bulletin board 	<ul style="list-style-type: none"> • Short answers

REFERENCES: (Bibliography)

1. TNAI. Nursing Administration and Management, 1st edn, Academic Press: New Delhi, 2000.
2. Shakharkar, B M. Principles of Hospital Administration and Planning, Jaypee Brothers: Banglore, 1998.
3. Pai, Pragna. Effective Hospital Management, 1st edn, The National Book Depot: Mumbai, 2002.
4. Srinivasan, A V. Managing a Modern Hospital, 1st edn, Sage Publications: New Delhi, 2002.
5. Basavanthappa, B T. Nursing Administration, 1st edn, J P Brothers Medical Publishers: New Delhi, 2000.
6. Goel, s & Kumar, R. Hospital Administration and Management, 1st edn, Deep and Deep Publications: New Delhi, 2000.
7. Park K. Park's Textbook of Preventive and Social Medicine, 17th edn, M/S Banarsidas Bhanot Publishers: Jabalpur, 2003.
8. Russels, C S. Management & Leadership for Nurse Managers, 3rd edn, Jones Bartlett Publishers: London, 2002.
9. Francis, E M & Desouza, Mario. Hospital Administration, 3rd edn, Jaypee Brothers Medical Publishers: New Delhi, 2000.
10. Goddard, H A. Principles of Administration applied to Nursing Practice, WHO: Geneva, 1966.
11. Hersey, P. ,Blanchard, H K & Johnson, E D. Management of Organizational Behavior, Pearson Education Indian Branch: New Delhi, 2002.
12. Barret, Jean. Ward Management and Teaching, 2nd edn, English Book Society: New Delhi, 1967.

Evaluation

Internal assessment

Theory: Maximum marks 25

Midterm 50

Prefinal 75

Total marks 125

Out of 15

Assignment:

Seminar 100

Ward management 25

Diet sheet 25

Clinical evaluation 100

Total marks 250

Out of 10

External assessment

University examination

Theory Marks 75

Examination Marks allotted		Sec - A	Sec - B	Total	Duration
Mid term		30	20	50	2 hours
Pre-final		40	35	75	3 hours
Final		40	35	75	3 hours

ASSIGNMENT FORMAT FOR GROUP SEMINAR

1. Introduction to the topic
2. Concept, Definition
3. History
4. Subject matter
5. Application in nursing field
6. Summary
7. Conclusion
8. References

EVALUATION CRITERIA

Subject :
Topic :
Name of the student :
Group :

Date:
Time:
Total Marks: 100
Marks allotted:

S No	Criteria	1	2	3	4	5	Remarks
I	Subject Matter 1. Introduction 2. Organization of Content 3. Presentation of topic 4. Relevant examples 5. Relevant statistical data 6. Group participation 7. Control of group 8. Conclusion						
II	A V Aids 9. Appropriate to topic 10. Self Explanatory 11. Useful 12. Attractive 13. Planning and preparation 14. Use of appropriate technology						
III	Physical facilities 15. Environment 16. Classroom preparation 17. Classroom management						
IV	Personal Qualities 18. Voice and clarity 19. Mannerism 20. References						

Guidelines for Ward Management Report

1. Introduction
 - Name of the ward
 - Duration of experience with dates
 - Objective of ward administration experience
2. Organization chart of the ward
 - Draw the organization chart of the ward and hospital depicting staff position along with communication channels and hierarchical lines
3. Ward lay out and physical facilities of the ward
 - Describe the ward lay out and physical facilities available and compare it with the standards of an ideal ward
4. Reports and Records
 - Describe the various reports and records maintained in the ward
 - Study these documents critically for completeness, accuracy and relevance and give your suggestions and recommendations.
5. Procedures & Policies
 - Study the policies and procedures and critically evaluate them
 - Indenting drugs, stores, supplies & describe them briefly
 - Admission & discharge and transfer
 - Visitors
 - Outpass, absconding
 - Critically ill patient, Death
 - Treatments
 - Emergency care
 - SOP for Anaphylaxis, HIV infections, Needle stick injuries, Hospital waste management
 - Security of the ward
 - Fire drills
 - Preparation of diet sheet
6. Classify the various types of drugs, stores, supplies and equipments in the ward
Study the procedure for maintenance, store and supplies
7. Enlist the suggestions and recommendations
8. Conclusion

EVALUATION CRITERIA

1. Comprehensive	5
2. Clear & Relevant	5
3. Critical analysis	5
4. Suggestions & Recommendations	5
5. Conclusion	5

Total	25
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GUIDELINES FOR ASSIGNMENTS: DIET SHEET

1. Diet sheet

a) Daily basis

- Study the different types of hospital diets & their dietary allowances and write a brief report
- Notes the prescribed diet for each patient
- Records in diet sheet

b) Give references and illustrations (Figure, graph and picture)

c) Conclusion (Highlight learning achieved)

EVALUATION CRITERIA

1. Clarity and comprehensiveness	5
2. Accuracy of diet sheet	5
3. Preparation of diet sheet	5
4. Reference & Illustration	5
5. Conclusion	5

Total: 25

BASIC B Sc NURSING

LAB EVALUATION : WARD ADMINISTRATION

Student's Name:

Total Marks : 100

Placement:

S No	Criteria	4	3	2	1
I	Professional Appearance 1. Is well groomed & neat uniform 2. Is able to maintain good poise				
II	KNOWLEDGE 3. Has knowledge regarding nursing responsibilities in a. Organization & planning in days work b. Meeting emergency needs c. Providing comprehensive patient care d. Indenting, maintaining & dispensing of drugs e. Holding of inventories and care of equipments 4. Has knowledge of various records related to patient care. 5. Has knowledge of communication process				
III	PRACTICE 6. Is able to communicate effectively with different health team members 7. Is able to coordinate with healthy member 8. Is able to plan & conduct clinical teaching programmes 9. Is able to conduct incidental teaching at the bed side 10. Is able to render nursing according to identified nursing needs & problems				
IV	LEADERSHIP 11. Is able to inspire confidence and has patience in dealing at all times 12. Is enthusiastic and approachable 13. Is willing to accept consequences of decision and action 14. Is able to accept leadership roles voluntarily 15. Co-operative and maintains good IPR 16. Avails opportunities for personal & professional growth 17. Practices democratic approach in all dealings				
V	RECORDING, REPORTING AND EVALUATING 18. Able to record & report all relevant facts accurately 19. Evaluate objectively				
	TOTAL				

GRADING:

- 1. A+ : 80% & above
- 2. A : 70 – 79%
- 3. B : 60 – 69%
- 4. C : 50 – 59%
- 5. D : Below 49%

KEY:

- 4 - Always
- 3 – Most often
- 2 – Occasionally
- 1 – Seldom

MARKS OBTAINED

Pen picture of student

Signature of student

Signature of clinical supervisor

Signature of Coordinator

Signature of Principal

GUIDELINES FOR LAB / PRACTICAL EXPERIENCE

- ❖ Admission and discharge and transfer of patients
- ❖ Assignment of duties in ward
- ❖ Preparation of duty roaster
- ❖ Supervision of nursing care
- ❖ Indenting of drugs, stores and supplies
- ❖ Maintenance of dangerous drugs – Indenting, Storing, Accounting, Recording
- ❖ Diet – Maintenance of diet sheet
- ❖ Inventories - Expendable and non-expendable
- ❖ Repair and replacements
- ❖ Ward report – Written and Oral reports
- ❖ Supervision and guidance of paramedical staff and domestic staff

Evaluation formats for Nursing service Administration and Education

1. Duties and responsibilities of ward sister 25 mark
2. Planning and implementation of an in service education programme 25 mark
3. Performance appraisal preparation of format 25mark

Assessment of group assignment

Sr.	Particulars	Total
	Objectives	02
1)	Contents <ul style="list-style-type: none">❖ Adequacy❖ Organization❖ Relevance❖ Illustration	3 3 3 2
2)	Presentation <ul style="list-style-type: none">❖ Clarity❖ Appropriate use of AV aids❖ Group Participation	2 3 3
3)	Conclusion and summary	2
4)	Reference	2
	Total	25

MIDWIFERY AND OBSTETRICAL NURSING

Placement: Fourth Year (N)

**Time: Theory-90 Hours
Practical-180Hours**

Course Description:

This course is designed for students to appreciate the concepts and principles of Midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant woman during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal and high-risk neonates and participate in family welfare programme.

Specific objectives: At the end of the course student will be able to:

1. Describe the normal pregnancy, labor and puerperium and demonstrate the application of knowledge and skill in giving need –based care.
2. Demonstrate safe management of all stages of labour.
3. Identify the high risk factor during pregnancy, labor and puerperium as well as neonates and take appropriate interventions.
4. Motivate the mother for care of the baby and adapting family planning methods to maintain small family norms.
5. Prepare the mothers for self care during the pregnancy, labor and puerperium.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
1	5	<ul style="list-style-type: none"> • Recognize the trends and issues in midwifery and obstetrical Nursing 	<p>Introduction to midwifery and obstetrical Nursing</p> <ul style="list-style-type: none"> • Introduction to concepts of Midwifery and obstetrical nursing. • Trends in Midwifery and obstetrical nursing. <ul style="list-style-type: none"> □ Historical perspectives and currents trends. □ Legal and ethical aspects □ Pre-conception care and preparing for parenthood □ Role of nurse in midwifery and obstetrical care. □ National policy and legislation in relation to maternal health & welfare □ Maternal, morbidity, mortality rates □ Perinatal, morbidity & mortality rates 	<ul style="list-style-type: none"> * Lecture discussion *Explain using Charts and graphs 	<ul style="list-style-type: none"> *Short answers *Objective type

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
II	8 •	Describe the anatomy and physiology of female reproductive system	<p>Review of anatomy and physiology of female reproductive system and foetal development</p> <ul style="list-style-type: none"> • Female pelvis-general description of the bones joints, ligaments, planes of the pelvis diameters of the true pelvis important landmarks, variations in pelvis shape. • Female organs of reproduction-external genitalia, internal genital organs and their anatomical relations, musculature-blood- supply, nerves, lymphatics, pelvic cellular tissue, pelvic peritoneum. • Physiology of menstrual cycle • Human sexuality • Foetal development <ul style="list-style-type: none"> □ Conception □ Review of fertilization, implantation (embedding of the ovum), development of the embryo and placenta at term-function, abnormalities, the foetal sac, amniotic fluid, the umbilical chord, □ Foetal circulation, foetal skull, bones, sutures and measurements. <ul style="list-style-type: none"> • Review of Genetics 	<p>*Lecture discussion</p> <p>*Review with charts and models</p>	<p>*Short answers</p> <p>*Objective type</p>

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
III	8	<ul style="list-style-type: none"> Describe the Diagnosis and management of women during antenatal period. 	<p>Assessment and management of pregnancy (ante-natal)</p> <ul style="list-style-type: none"> Normal pregnancy Psychological changes during pregnancy. <ul style="list-style-type: none"> Reproductive system Cardio vascular system Respiratory system Urinary system Gastro intestinal system Metabolic changes Skeletal changes Skin changes Endocrine system Psychological changes Discomforts of pregnancy Diagnosis of pregnancy Diagnosis of pregnancy <ul style="list-style-type: none"> Signs Differential diagnosis Confirmatory tests Ante-natal care Objectives Assessment <p>History and physical examination</p> <ul style="list-style-type: none"> Antenatal Examination Signs of previous child-birth 	<ul style="list-style-type: none"> Lecture discussion Demonstration Case discussion/presentation Health talk Practice session Supervised Clinical practice 	<ul style="list-style-type: none"> Short answers Objective type Assessment of skills with check list <p>*Assessment of patient management problems</p>

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
			<ul style="list-style-type: none"> • Antenatal preparation <ul style="list-style-type: none"> □ Antenatal counseling □ Antenatal exercises □ Diet □ Substance use Education for child-birth □ Husband and families □ Preparation for safe-confinement □ Prevention from radiation • Psycho-social and cultural aspects of pregnancy <ul style="list-style-type: none"> □ Adjustment to pregnancy □ Unwed mother □ Single parent □ Teenage pregnancy □ Sexual violence <p>* Adoption</p>		

IV	12	<ul style="list-style-type: none"> Describe the physiology and stages of labour. Describe the signs & symptoms of preparation during intranatal period 	<p>Assessment and management of intranatal period.</p> <ul style="list-style-type: none"> Physiology of labour, mechanism of labour. Management of labour <p>First stage</p> <p>Symptoms of onset of labour</p> <p>of:</p> <ul style="list-style-type: none"> √ Labour room √ Woman <p>-Assessment and observation of women in labour; partogram – maternal & foetal monitoring</p> <p>- Active management of labour, Induction of labour</p> <p>- Pain relief & comfort in Labor</p> <ul style="list-style-type: none"> Second stage <ul style="list-style-type: none"> Signs and symptoms; normal & abnormal Duration Conduct of delivery; Principles & techniques Episiotomy (only if required) 	<ul style="list-style-type: none"> Lecture discussion Demonstration Practice session Supervised Clinical practice 	<ul style="list-style-type: none"> Essay type Short answers Objective type Assessment of skills with checklist *Assessment of patient management problems
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Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
			<ul style="list-style-type: none"> □ Receiving the newborn <ul style="list-style-type: none"> - Neonatal resuscitation initial steps & subsequent resuscitation - Care of umbilical cord - Immediate assessment including screening for congenital anomalies - Identification - Bonding - Initiate feeding - Screening and transportation of the neonate • Third Stage <ul style="list-style-type: none"> □ Signs and symptoms; normal and abnormal □ Duration □ Method of placenta expulsion □ Management; Principles and techniques □ Examination of the placenta □ Examination of perineum □ Maintaining records & reports <p style="text-align: center;">Fourth Stage</p>		

V	5	<ul style="list-style-type: none"> • Describe the physiology of puerperium • Describe the management of women during post-natal period 	<p>Assessment and management of women during post natal period</p> <ul style="list-style-type: none"> • Normal puerperium; Physiology Duration • Postnatal assessment and management □ Promoting physical & emotional wellbeing □ Lactation management □ Immunization • Family dynamics after child-birth. • Family welfare services; methods, counseling • Follow –up • Records and reports 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Health talk • Practice session • Supervised Clinical practice 	<ul style="list-style-type: none"> • Essay type • Short answers • Objective type • Assessment of skills with checklist • Assessment of patient management problems
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Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
VI	6	<ul style="list-style-type: none"> Describe the assessment and management of normal neonate 	<p>Assessment and management of normal neonates.</p> <ul style="list-style-type: none"> Normal neonates; <ul style="list-style-type: none"> Physiological adaptation, Initial & Daily assessment Essential newborn care ; Thermal control, Breast feeding, prevention of infections Immunization Minor disorders of newborn and its management Levels of neonatal care (level I,II& III) At primary, secondary and tertiary levels Maintenance of Reports & Records 	<ul style="list-style-type: none"> Lecture discussion Demonstration Practice session Supervised Clinical practice 	<ul style="list-style-type: none"> Essay type Short answers Objective type Assessment of skills with check list *Assessment of patient management problems
VII	10	<ul style="list-style-type: none"> Describe the identification and management of women with high risk pregnancy 	<p>High risk pregnancy-assessment &management</p> <ul style="list-style-type: none"> Screening &assessment <ul style="list-style-type: none"> Ultrasonics, cardiotomography, NST, CST, non-invasive & invasive, Newer modalities of diagnosis High – risk approach Levels of care ;primary, 	<ul style="list-style-type: none"> Lecture discussion Demonstration Practice session Supervised Clinical practice 	<ul style="list-style-type: none"> Essay type Short answers Objective type Assessment of skills with check list Assessment of patient management problems

secondary & tertiary levels

- Disorders of pregnancy
 - Hyper- emesis gravidarum, bleeding in early pregnancy, abortion, ectopic.
 - Pregnancy, vesicular mole,
 - Ante-partum haemorrhage
- Uterine abnormality and displacement.
- Diseases complicating pregnancy
 - Medical & surgical conditions
 - Infections, RTI(STD), UTI,HIV,TORCH
 - Gynecological diseases complicating pregnancy

			<ul style="list-style-type: none">❑ Pregnancy induced hypertension & diabetes, Toxemia of pregnancy, Hydramnios,❑ Rh incompatibility❑ Mental disorders• Adolscent pregnancy, Elderly primi and grand multipara• Multiple Pregnancy• Abnormalities of placenta & cord• Intra – uterine growth– retardation• Nursing management of mothers with high- risk pregnancy• Maintenance of Records & Report		
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VIII	10	<ul style="list-style-type: none"> • Describe management of abnormal labour. • And Obstetrical emergencies 	<p>Abnormal Labour- Assessment and management</p> <ul style="list-style-type: none"> • Disorders in labour □ CPD & contracted pelvis □ Malpositions and malpresentations <ul style="list-style-type: none"> □ Premature labour, disorders of uterine actions–precipitate labour prolonged labour □ Complications of third stage: injuries to birth canal <p>*Obstetrical emergencies and their management;</p> <ul style="list-style-type: none"> □ Presentation & prolapse of cord, Vasa praevia, amniotic fluid embolism rupture of uterus, shoulder dystocia, obstretical shock • Obstetrical procedures & operations; □ Induction of labour, forceps, vacuum version, manual removal of placenta, caesarean section, destructive operations 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised Clinical practice 	<ul style="list-style-type: none"> • Essay type • Short answers • Objective type • Assessment of skills with check list • Assessment of patient management problems
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			* Nursing management of women undergoing Obstetrical operations and procedures		
IX	4	*Describe management of postnatal complications	<p>Abnormalities during postnatal periods</p> <ul style="list-style-type: none"> • Assessment and management of woman with postnatal complications □ Puerperial infections, breast engorgement & infections, UTI, thrombi-Embolic disorders, Post-partum haemorrhage, Eclampsia and sub involution, □ Psychological complications: <ul style="list-style-type: none"> - Post partum Blues - Post partum Depression - Post partum Psychosis 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised Clinical practice 	<ul style="list-style-type: none"> • Essay type • Short answers • Objective type • Assessment of skills with check list • Assessment of patient management problems

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
X	8	* Identify the high risk neonates and their nursing management	<p>Assessment and Management High risk newborn.</p> <ul style="list-style-type: none"> • Admission of neonates in the neonatal intensive care units protocols • Nursing management of: <ul style="list-style-type: none"> - Low birth weight babies - Infections - Respiratory problems - Haemolytic disorders - Birth injuries - Malformations • Monitoring of high risk neonates • Feeding of high risk neonates • Organization & Management of neonatal intensive care units • Maintenance of reports and records 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised Clinical practice 	<ul style="list-style-type: none"> • Essay type • Short answers • Objective type • Assessment of skills with check list • Assessment of patient management problems
XI	4	* Describe indication, dosage, action, side effects & nurses responsibilities in the administration of drugs used for mothers.	<p>Pharmacotherapeutics in obstetrics</p> <ul style="list-style-type: none"> • Indication, dosage, action contraindication & side effects of drugs • Effect of drugs on pregnancy, labour & puerperium, • Nursing responsibilities in the administration of drug in Obstetrics – Oxytocins, antihypertensives, diuretics, tocolytic agents, anti- 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised Clinical practice 	<ul style="list-style-type: none"> • Essay type • Short answers • Objective type • Assessment of skills with checklist • Assessment of

			<p>convulsants;</p> <ul style="list-style-type: none">• Analgesics and anesthetics <p>in obstetrics.</p> <ul style="list-style-type: none">• Effects of maternal medication on foetus & neonate		<p>patient management problems</p>
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Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Method
XII	10	<ul style="list-style-type: none"> • Appreciate the importance of family welfare programme • Describe the methods of contraception & role of nurse in family welfare programme 	<p>Family welfare programme</p> <ul style="list-style-type: none"> • Population trends and problems in India • Concepts, aims, importance and history of family welfare programme • National Population: dynamics, policy & education • National family welfare programme; RCH, ICDS, MCH. Safe motherhood • Organization and administration ; at national state, district, block and village levels • Methods of contraception; spacing, temporary& permanent, Emergency contraception • Infertility &its management • Counseling for family welfare programme • Latest research in contraception • Maintenance of vital statistics • Role of national ,international and voluntary organizations • Role of a nurse in family 	<ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised • Practice • Group Project 	<ul style="list-style-type: none"> • Essay type • Short answers • Objective type • Assessment of skills with check list • Assessment of patient management problems

			<p>welfare programme</p> <ul style="list-style-type: none">• Training /Supervision/ Collaboration with other functionaries in community like ANMs. LHVs, Anganwadi workers, TBAs(Traditional birth attendant-Dai)		
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REFERENCE

1. DUTTA-

-Text book of Obstetrics 4th Ed.,

-Text book of Gynecology 3rd ed.,

2. C.S.DAWN-

- Textbook of Gynecology Contraception and Demography 13thed.,

3. BOBAK JENSEN-

- Essentials of Maternity Nursing 3rded.,

4. LONGMAN

- Clinical Obstetrics 9thed.,

5. CAMPBELL

-Gynecology by ten teachers 17th ed.,

6. MYLES

- Text book of Midwives 14thed.,

Practical

Placement: Fourth Year

Time: Practical-180 Hours

Practical 180 hrs (Integrated Practice) *

Areas	Duration (Weeks)	Objectives	Skills	Assessments	Assessment Methods
Antenatal Clinic/OPD	2	* Assessment of pregnant women	<ul style="list-style-type: none"> • Antenatal history taking • Physical Examination • Recording of weight & B.P • Hb & Urine testing for sugar and albumin • Antenatal examination- abdomen & breast • Immunization • Assessment of risk status • Teaching antenatal mothers • Maintenance of Antenatal records 	*Conduct Antenatal *Examinations 30 <ul style="list-style-type: none"> • Health talk-1 • Case book recordings 	*Verification of findings of Antenatal examinations * Completion of casebook recordings
Post natal ward	4	<ul style="list-style-type: none"> • Provide nursing care to post natal 	<ul style="list-style-type: none"> • Examination & assessment of mother & baby 	<ul style="list-style-type: none"> • Give care to post natal mothers-20 	<ul style="list-style-type: none"> • Assessment of clinical performanc

		<p>mother & baby</p> <ul style="list-style-type: none"> • Counsel & teach mother & family for parenthood 	<ul style="list-style-type: none"> • Identification of deviations • Care of postnatal mother & baby • Perineal care • Lactation management • Breastfeeding • Baby bath • Immunization, • Teaching postnatal mother: <ul style="list-style-type: none"> □ Mother craft □ Post natal care & □ Exercises □ Immunization 	<ul style="list-style-type: none"> • Health talks-1 • Case study-1 • Case presentation-1 • Case book recordings 	<p>e</p> <p>Assessment of each skill with checklists</p> <ul style="list-style-type: none"> • Completion of case book recording • Evaluation of case study and presentation and health education sessions
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Areas	Duration (week)	Objectives	Skills	Assessments	Assessment Methods
Newborn nursery	2	*Provide nursing care to Newborn at risk	<ul style="list-style-type: none"> • Newborn assessment • Admission of neonates • Feeding of at risk neonates □ Katori spoon, paladi, tube feeding, total parenteral nutrition • Thermal management of neonates-kangaroo mother care, care of baby in incubator • Monitoring and care of neonates • Administering medications • Intravenous therapy • Assisting with diagnostic procedure • Assisting with exchange transfusion • Care of baby on ventilator • Phototherapy • Infection control protocols in the nursery • Teaching & counseling of parents • Maintenance of neonatal records 	<ul style="list-style-type: none"> • Case study-1 • Observation study-1 	<p>*Assessment of clinical performance</p> <ul style="list-style-type: none"> • Assessment of each skill with checklists <p>Evaluation of & Observation study</p>

Family Planning clinic	Rotation from post natal ward 1 wk	<ul style="list-style-type: none"> • Counsel for & provide family welfare services 	<ul style="list-style-type: none"> • Counselling technique • Insertion of IUD • Teaching on use of family planning methods • Arrange for & Assist with family planning operations • Maintenance of records and reports 	<ul style="list-style-type: none"> • IUD insertion-5 • Observatio n Study-1 • Counselling -2 • Simulation exercise on recording and reporting-1 	<ul style="list-style-type: none"> • Assessment of each skill with checklists • Evaluation of & Observation study
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MIDWIFERY & OBSTETRIC PRACTICE

HOURS:

Hours prescribed		IV year (Hours)	Integr. Practice (Hours)
Theory		90	-
Practical		180	240+180
<u>TOTALHRS:</u>	THEORY	90	+ PRACTICAL
			600

EXAMINATIONS:

	Marks	THEORY		Marks	PRACTICAL	
			IV year			IV year
Viva	--		--			
Midterm	50		✓	50		✓
Pre final	75		✓	50		✓
TOTAL		125			100	

ASSIGNMENTS:

THEORY				
NO	ASSIGNMENT	MARKS	III YEAR	IV YEAR
1	Seminar	50	✓	-
2	Drug study	50	-	✓
	TOTAL	100	-	-

NO	ASSIGNMENT / CLINICAL EVALUATION	NUMBER	MARKS	PLACEMENT
1	Health talk	1	25	IV
2	Care study:			
	ANC	1	50	IV
	PNC	1	50	IV
	New born	1	50	IV

3	Case presentation: ANC / PNC	1	50	IV
4	New born assessment	1	25	IV
5	Case book	1	100	IV, I.P
6	Clinical evaluation: ANC PNC Nursery Labour ward	1 1 1 1	100 100 100 100	IV
	TOTAL	7	750	

Evaluation

Internal assessment

Theory:

Maximum marks 25

Mid term examination –	50
Pre final –	75

	125

Out of 15

Assignments:

Seminar01	50
Drugstudy 01	50

	100

Out of 10

Practical

Casepresentation01
Antenatal ward / postnatal ward

Marks 50

Care study 03

Marks 150

Antenatal ward-01 (50 marks each)

Postnatal ward 01

Newborn 01

}

Healtheducation01

Marks25

Newborn assessment 01

Marks25

Casebook 4th year & internship)

Mark100

Clinicalevaluation04

Marks 400

ANC ward 01

}

PNC ward 01 (100 marks each)

Nursery01

Labor room01

Practical examination

Viva Marks50

Midterm examination Marks50

Prefinal examination Marks50

Total 900

Maximum marks = 100

External assessment

University examination

Theory Marks75

Practical Marks50

SEMINAR EVALUATION CRITERIA

NAME :-

DATE:-

AUDIENCE:-

TIME:-

TOPIC:-

MARKS :-

Sr. No.	Factors/ Elements	1	2	3	4	5	Total	Remarks
I	Subject Matter 1) Introduction 2) Organization of Topic 3) Presentation of Topic 4) Relevant Examples 5) Relevant Statistical data 6) Group participation 7) Control of group 8) Conclusion							
II	A.V. AIDS 1) Appropriate to subject 2) Proper use of A.V. Aids 3) Self –Explanatory 4) Attractive 5) Planning &Preparation 6) Use of Modern Technology							
III	Personal Appearance 1) Voice and Clarity 2) Mannerism							
IV	References(Books, Journals & Resource Person)							

V	Physical facilities 1) Environment 2) Classroom Preparation									
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Overall Observation

Signature of Teacher

Signature of the Candidate

Signature of Principal

Drug study

- Index of drug
- Introduction
- Classification of drugs
- Factors affecting action of drugs
- Name of the drug (Trade & Pharmaceutical name)
- Preparation, strength and dose
- Indications and contraindications
- Actions
- Adverse effects and drug interactions
- Nursing responsibility
- Conclusion
- References

Evaluation criteria

Planning and organization -----	05
Content -----	10
Nursing responsibility -----	05
Conclusion & References -----	05
Total	25

ANC CASE STUDY / PRESENTATION FORMAT

Identification data

Patient: Name, Age in years, Dr's unit, reg. no
education, occupation, income, religion, marital

status, duration of marriage

Gravida, para, abortion, living, blood group

Husband: Name, Age, education, occupation, income

Present complaints

History of illness

Menstrual history: age of menarche, duration of menstrual cycle, duration of cycle in days, regularity, amount of flow, LMP, EDD, associated complaints

Contraceptive history:

Antenatal attendance:

Date, weight, pallor, edema, BP, Ut. Ht, presentation/position, FHS, Hb, Urine albumin/sugar, treatment

Obstetric history:

H/O Previous pregnancy / deliveries,

Period of pregnancy, type of labour/delivery, birth weight, PNC condition, remarks

Present pregnancy:

Date of booking, number of ANC visits, H/O minor ailments

Past medical, surgical history:

Family history:

Diet history:

Socioeconomic status

Personal habits

Psychosocial status

Physical assessment:

General examination: head to foot

Obstetric palpation, Auscultation

Conclusion

Investigation

Ultrasonography

Treatment

Description of disease

Therapeutic diet plan

Nursing care plan

Nurse's notes

Discharge planning

Antenatal advice

Evaluation of care

References

PNC CASE STUDY / PRESENTATION FORMAT

Identification data

**Patient: Name, Age in years, Dr's unit, reg. no
education, occupation, income, religion, marital
status, duration of marriage**

**Gravida, para, abortion, living, blood group
Husband: Name, Age, education, occupation, income**

Present complaints

History of illness

Menstrual history: age of menarche, duration of menstrual cycle, duration of cycle in days, regularity, amount of flow, LMP, EDD, associated complaints

Contraceptive history:

Antenatal attendance:

Date, weight, pallor, edema, BP, Ut. Ht, presentation/position, FHS, Hb, Urine albumin/sugar, treatment

Obstetric history:

H/O Previous pregnancy / deliveries,

Period of pregnancy, type of labour/delivery, birth weight, PNC condition, Condition of new born, remarks

Present pregnancy:

Date of booking, number of ANC visits, H/O minor ailments

Past medical, surgical history:

Family history:

Diet history:

Socioeconomic status

Personal habits

Psychosocial status

Physical assessment:

Mother: General examination: head to foot

Baby: new born assessment

Conclusion

Investigation

Ultrasonography

Treatment

Description of disease

Therapeutic diet plan

Nursing care plan

Nurse's notes

Discharge planning

Antenatal advice

Evaluation of care

References

NEW BORN CASE STUDY FORMAT

Name, date of birth / discharge, reg. no, Dr's unit,

Mother's previous obstetric history, present pregnancy, labour history, baby's birth history

General examination: head to foot

Daily observation chart

Nursing care plan

EVALUATION CRITERIA CASE STUDY

Assessment / Introduction	05
Knowledge & understanding of disease / condition	15
Nursing care plan	20
Discharge plan	05
Summary & evaluation	03
Bibliography	<u>02</u>
TOTAL	50

EVALUATION CRITERIA CASE PRESENTATION

Assessment / Introduction	05
Knowledge & understanding of disease / condition	10
Presentation skill	10
Nursing care plan	15
A.V. aids	05
Summary & evaluation	03
Bibliography	<u>02</u>
TOTAL	50

EVALUATION FORMAT FOR HEALTH TALK

NAME OF THE STUDENT: -----

AREA OF EXPERIENCE: _____

PERIOD OF EXPERIENCE: _____

SUPERVISOR: _____

Total 100 Marks

Scores: 5 = Excellent, 4 = Very good, 3 = Good, 2 = Satisfactory / fair, 1 = Poor

Sr. No.	Particular	1	2	3	4	5	Score
1	<p>I) Planning and organization</p> <p>a) Formulation of attainable objectives</p> <p>b) Adequacy of content</p> <p>c) Organization of subject matter</p> <p>d) Current knowledge related to subject Matter</p> <p>e) Suitable A.V. Aids</p> <p>II) Presentation:</p> <p>a) Interesting</p> <p>b) Clear Audible</p> <p>c) Adequate explanation</p> <p>d) Effective use of A.V. Aids</p> <p>e) Group Involvement</p> <p>f) Time Limit</p> <p>III) Personal qualities:</p> <p>a) Self confidence</p> <p>b) Personal appearance</p> <p>c) Language</p> <p>d) Mannerism</p> <p>e) Self awareness of strong & weak points</p> <p>IV) Feed back:</p> <p>a) Recapitulation</p> <p>b) Effectiveness</p> <p>c) Group response</p> <p>V) Submits assignment on time</p>						

* 100 marks will be converted into 25

NEW BORN ASSESSMENT

Refer “child health nursing” Subject, III Year page no20to 22

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Case book

Note: 1. Case book contents

Antenatal examinations	30
Conducted normal deliveries	20
PV examinations	05
Episiotomy & suturing	05
Neonatal resuscitations	05
Assist with caesarian section	02
Witness / assist abnormal deliveries	05
Post natal cases nursed in hospital / health centre / home	20
Insertion of IUCD	05

2. All cases should be certified by teacher on completion of essential requirements.