

COMMUNITY HEALTH NURSING – II

Time : Theory – 90 hours
Practical – 135 hours

Course description:

This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural setting by using concept and principles of health and community health nursing

Specific objectives: At the end of the course student will be able to:

1. Understand the concepts, scope, principles and historical development of community health and community health nursing.
2. Appreciate the national health planning, policies, problems.
3. Describe the system of delivery of community health services in rural and urban area.
4. Develop understanding about community health nursing approaches, concepts and roles and responsibilities of nursing personnel.
5. Participate in assisting individuals and groups to promote and maintain their health.
6. Appreciate the national health and family welfare programme and the role of the nurse.
7. Understand the health agencies at the international and national level.

| Unit | Time (hrs) | Learning Objectives | Contents | Teaching Learning Activities | Assessment Methods |
|------|------------|--|--|--|---|
| I | 4 | <ul style="list-style-type: none"> Define Concepts, scope, Principles and historical development of Community Health and Community health Nursing | Introduction <ul style="list-style-type: none"> Definition, concept & scope of community health nursing Historical development of <ul style="list-style-type: none"> Community Health Community Health Nursing - Pre- Independence - Post – Independence Client's rights-CPA Professional responsibility in community health care Ethical principles Application of ethics in Community health practice Govt. & legal influence on community health nursing practice Law in community health nursing | <ul style="list-style-type: none"> Lecture discussion | <ul style="list-style-type: none"> Essay Type Short answers |

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| II | 6 | <ul style="list-style-type: none"> Describe health plans, polices, various health committees and health problems in India | <p>Health Planning and Polices and Problems</p> <ul style="list-style-type: none"> National health planning in India Five year Plan's Various committees and commissions on health and family welfare <ul style="list-style-type: none"> Central council for health and family welfare (CCH and FW) National Health polices (1983, 2002) National population policy Rural health mission Health problems in India | <ul style="list-style-type: none"> Lecture discussion Panel discussion | <ul style="list-style-type: none"> Essay type Short answers |
| III | 15 | <ul style="list-style-type: none"> Describe the system of delivery of community health services in rural and urban areas List the functions of various levels and their staffing pattern Explain the components of health services Describe alternative systems of health promotion and health maintenance Describe the chain of referral system | <p>Delivery of community health services</p> <ul style="list-style-type: none"> Planning, budgeting and material management of SCs, PHC and CHC Rural: Organization, staffing and functions of rural health services provided by government at: <ul style="list-style-type: none"> Village Subcentre Primary health center Community health center/ sub divisional Hospitals District State Center Urban: Organization, staffing and functions of urban health services provided by government at: <ul style="list-style-type: none"> Slums Dispensaries Material and child health centers Special Clinics Hospitals Corporation/ Municipality/ Board | <ul style="list-style-type: none"> Lecture discussion Visits to various health delivery systems Supervised field practice Panel discussion | <ul style="list-style-type: none"> Essay type Short answers |

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| | | | <ul style="list-style-type: none"> • Components of health services <ul style="list-style-type: none"> □ Environmental sanitation □ Health education □ Vital statistics □ M.C.H. antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act □ Family welfare □ National health programmes □ School health services □ Occupational health □ Defense service □ Institutional services • Systems of medicine and health care <ul style="list-style-type: none"> □ Allopathy □ Indian system of medicine and Homeopathy □ Alternative health care systems like yoga, meditation, social and spiritual healing etc. • Referral system | | |
| IV | 25 | <ul style="list-style-type: none"> • Describe Community Health Nursing approaches and concepts • Describe the roles and responsibility of Community health nursing personnel | <p>Community health nursing approaches, concepts and roles and responsibilities of nursing personnel</p> <ul style="list-style-type: none"> • Approaches <ul style="list-style-type: none"> □ Nursing theories and nursing process □ Epidemiological approach □ Problem solving approach □ Evidence based approach empowering people to care for themselves • Concepts of primary Health Care: <ul style="list-style-type: none"> □ Equitable distribution □ Community participation □ Focus on prevention □ Use of appropriate technology □ Multi sectoral approach | <ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised field practice • Participation in camps • Group project | <ul style="list-style-type: none"> • Essay type • Short answers |

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| | | | <ul style="list-style-type: none"> • Roles and responsibilities of Community health nursing personnel in <ul style="list-style-type: none"> □ Family health services □ Information Education Communication (IEC) □ Management information System (MIS): maintenance of Records & Reports □ Training and supervision of various categories of health workers □ National Health Programmes □ Environmental sanitation □ Maternal and child health and family welfare □ Treatment of minor ailments □ School health services □ Occupational health □ Organization of clinics, camps: types, preparation, planning, conduct and evaluation □ Waste management in the center, clinics etc. • Home visit: Concept, Principles, Process, techniques: Bag Technique home visit • Qualities of Community Health Nurse • Job description of Community health nursing personnel | | |
| V | 15 | <ul style="list-style-type: none"> • Describe and appreciate the activities of Community health nurse in assisting individuals and groups to promote and maintain their health | <p>Assisting individuals and groups to promote and maintain their health</p> <ul style="list-style-type: none"> • Empowerment for self care of individuals, families and groups in – <ul style="list-style-type: none"> A. Assessment of Self and family <ul style="list-style-type: none"> □ Monitoring growth and development <ul style="list-style-type: none"> - Mile stones - Weight measurement - Social development | <ul style="list-style-type: none"> • Lecture discussion • Demonstration • Practice session • Supervised field practice | <ul style="list-style-type: none"> • Essay type • Short answers |

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| | | | <ul style="list-style-type: none"> <input type="checkbox"/> Temperature and Blood pressure monitoring <input type="checkbox"/> Menstrual cycle <input type="checkbox"/> Breast, self examination and testicles <input type="checkbox"/> Warning signs of various diseases <input type="checkbox"/> Tests: Urine for sugar and albumin, blood sugar B. Seek health services for <ul style="list-style-type: none"> <input type="checkbox"/> Routine checkup <input type="checkbox"/> Immunization <input type="checkbox"/> Counseling diagnosis <input type="checkbox"/> Treatment <input type="checkbox"/> Follow up C. Maintenance of health records for self and family D. Continue medical care and follow up in community for various diseases and disabilities E. Carryout therapeutic procedures as prescribed/ required for self and family F. Waste Management <ul style="list-style-type: none"> <input type="checkbox"/> Collection and disposable of waste at home and community G. Sensitize and handle social issues affecting health and development for self and family <ul style="list-style-type: none"> • Women Empowerment • Women and child abuse • Abuse of elders • Female feticide • Commercial sex workers • Food adulteration • Substance abuse H. Utilize community resources for self and family <ul style="list-style-type: none"> <input type="checkbox"/> Trauma services <input type="checkbox"/> Old age homes <input type="checkbox"/> Orphanage <input type="checkbox"/> Homes for physically and mentally challenged individuals <input type="checkbox"/> Homes for destitute | <ul style="list-style-type: none"> • Individual group/ family/ community health education | |

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| VI | 20 | <ul style="list-style-type: none"> • Describe national health and family welfare programmes and role of a nurse • Describe the various health schemes in India | <p>National health and family welfare programmes and the role of a nurse</p> <ol style="list-style-type: none"> 1. National API programme 2. Revised National tuberculosis control programme (RNTCP) 3. National Anti- Malaria programme 4. National Filaria control programme 5. National Guinea worm eradication programme 6. National Leprosy eradication programme 7. National AIDS control programme 8. STD control programme 9. National Programme for Control of blindness 10. Iodine deficiency disorder programme 11. Expanded programme on immunization 12. National Family welfare Programme – RCH programme historical development, organization, administration, research, constraints 13. National water supply and sanitation programme 14. Minimum Need programme 15. National diabetics control programme 16. Polio eradication: pulse polio programme 17. National cancer control programme 18. Yaws eradication programme 19. National Nutritional Anemia Prophylaxis programme 20. 20 point programme 21. ICDS programme 22. Mid day meal applied nutritional programme 23. National mental health programme <ul style="list-style-type: none"> • Health Schemes - ESI - CGHS - Health insurance | <ul style="list-style-type: none"> • Lecture discussion • Participation in national health programmes • Field visits | <ul style="list-style-type: none"> • Essay type • Short answers |